



CORPORATE ONSITE TRAINING INFORMATION

First Aid Training Courses

St John is the leading provider of first aid training in Australia. From courses for parents with young children to Senior First Aid and more advanced courses in Occupational First Aid, St John has courses for people of all ages and interests. St John courses are accredited by the Vocational Education and Training Accreditation Board (VETAB) and St John are listed as a National Training Provider.

St John offers a range of quality first aid courses. The skills learnt in St John First Aid courses provide individuals, companies and organisations with the confidence to know what to do in an emergency. St John will improve your ability to perform quality First Aid, tailor it to your needs and assist with choosing a course and kits. Classes are conducted at our training venues throughout New South Wales or onsite at workplaces.

First Aid Training Information

Senior First Aid

This course is the flagship St John Ambulance first aid course designed to give you the knowledge and skills to help someone ill or injured until medical aid arrives.

The course includes: safety and hazards, managing the unconscious casualty, resuscitation techniques, trauma management, shock, bleeding, wounds, skeletal damage, sprains and strains, head, neck and spinal injury, eye, ear or mouth injury, chest pain and injury, breathing difficulties, abdominal or pelvic injury, poison, bites and stings, overexposure, infection control, first aid team work, treatment of multiple serious injuries. The course complies with requirements of the Occupational Health Safety Regulation 2001.

Corporate Class (Onsite): \$2650.00 per group

Participants: Minimum 12 Maximum 24

(Includes all Equipment)

Duration: 2 Days (16 Hours)

Senior First Aid Recertification

This one day course is designed to reassess the skills and knowledge of those who hold a current Senior First Aid Certificate. You must complete recertification training **prior** to the expiry date on your certificate.

Corporate Class (Onsite): \$2250.00 per group

Participants: Minimum 12 Maximum 24

(Includes all Equipment)

Duration: 1 Day (9 Hours)

Senior First Aid Flexible Learning

The Senior First Aid (flexible) option has the same content as the Senior First Aid Course completed in the classroom. Some of the topics covered include: Cardiopulmonary Resuscitation (CPR), DRABCD action plan, shock, bleeding and poisoning. The course complies with requirements of the Occupational Health Safety Act 2000.

Corporate Class (Onsite): \$2650.00 per group

Participants: Minimum 12 Maximum 24

(Includes all Equipment)

Duration: 1 Day (9 Hours)

Occupational Health and Safety Consultation Course

The course familiarises committee members and representatives with the knowledge and skills necessary to apply the principles of workplace consultation as an integral part of an effective OHS management system (OHSMS). The course also assists in the development of appropriate attitudes to enable committee members and representatives to effectively carry out their functions under the OHS legislation.

Corporate Class (Onsite): \$4000.00 per group

Participants: Maximum 16

(Includes all Equipment)

Duration: 4 Days (24 Hours)

Occupational First Aid

A four day certificate course designed for those in charge of first aid rooms within their place of work as required under the Occupational Health Safety Regulation 2001. Topics include toxic hazards, documentation, oxygen therapy and transportation.

NB: Participants must hold a current Senior First Aid certificate or higher.

The course complies with requirements of the Occupational Health Safety Regulation 2001.

Corporate Class (Onsite): \$505.00 per person

Participants: Minimum 12 Maximum 16

(Must pay for the minimum, includes all equipment)

Duration: 4 Days (32 Hours)

Occupational First Aid Recertification

This two day certificate course is designed to reassess skills and knowledge and, where appropriate, recertify Occupational First Aid qualifications.

NB: Participants must hold a current Occupational First Aid certificate.

The course complies with requirements of the Occupational Health Safety Regulation 2001.

Corporate Class (Onsite): \$265.00 per person Participants: Minimum 12 Maximum 16

(Must pay for the minimum, includes all equipment) Duration: 2 Days (16 Hours)

Advanced Resuscitation

This eight hour certificate course includes a revision of basic cardiopulmonary resuscitation skills and the use and maintenance of oxygen equipment.

NB: Participants must hold a current Senior First Aid certificate or higher

Corporate Class (Onsite): \$1680.00 per group Participants: Maximum 16

(Includes all Equipment) Duration: 1 Day (8 Hours)

Automated External Defibrillation

The aim of this four hour certificate course is to equip those who have access to an Automatic External defibrillator with the skills necessary to use it as part of a resuscitation attempt.

Corporate Class (Onsite): \$1,000.00 per group Participants: Minimum 12 Maximum 16

(Includes all Equipment) Duration: 4 Hours

Administration of Analgesic Gases

This certificate course equips participants with the knowledge and skills to administer analgesic (pain relieving) gases to the injured or ill casualty in a safe and effective manner.

NB: Participants must hold a current Senior First Aid certificate or higher.

Corporate Class (Onsite): \$60.00 per person Participants: Minimum 12 Maximum 16

(Includes all Equipment) Duration: 2 Hours

Anaphylaxis Training

The aim of this two hour session is to recognise an anaphylactic reaction, manage the casualty and demonstrate the use of an EPIPEN.

Corporate Class (Onsite): \$400.00 per group

Participants: Maximum 24

(Includes all Equipment)

Duration: 2 Hours

Advanced First Aid

The next step for those who hold a current Senior First Aid Certificate, this three day certificate course includes instruction on casualty assessment, first aid equipment, lifting and moving casualties, and drug and alcohol abuse and sports injuries.

Corporate Class (Onsite): \$230.00 per person

Participants: Minimum 12 Maximum 16

(Includes all Equipment)

Duration: 3 Days (24 Hours)

Caring for Kids

An eight hour certificate course designed for parents, and carers and those entrusted with the care of children and babies. Participants learn child and infant resuscitation, management of fractures, head injuries and sudden illness.

Corporate Class (Onsite): \$1500.00 per group

Participants: Maximum 24

(Includes all Equipment)

Duration: 1 Day (8 Hours)

CPR (Cardiopulmonary Resuscitation)

This course is designed for members of the general public, industry and TAFE students and provides participants with the knowledge and skills necessary to make them confident and competent to perform cardiopulmonary resuscitation.

Corporate Class (Onsite): \$800.00 per group

Participants: Maximum 24

(Includes all Equipment)

Duration: 4 Hours

Emergency First Aid

An eight hour course introducing the basics of life sustaining procedures including resuscitation, bleeding and unconsciousness. It is not a substitute for a comprehensive first aid course.

Corporate Class (Onsite): \$1,500.00 per group

Participants: Minimum 12 Maximum 24

(Includes all Equipment)

Duration: 1 Day (8 Hours)

Remote First Aid

A certificate course specially designed for bushwalkers, climbers, canyoneers, cavers, four wheel drive enthusiasts, outdoor/adventure instructors, wilderness guides and scout leaders or anyone whose interests, activities or employment takes them to isolated areas. It will provide them with the knowledge and skills to give ongoing care over a prolonged period to an ill or injured casualty.

NB: Participants must hold a current Senior First Aid certificate.

Corporate Class (Onsite): \$3,000.00 per group

Participant: Maximum 16

(Includes all Equipment)

Duration: 2 Days (16 Hours)

Industrial First Aid

A three day certificate course designed for workers in heavy industry where there are risks of serious and life threatening injuries. The course is tailored to meet individual worksite needs.

Corporate Class (Onsite): \$400.00 per person

Participants: Minimum 10 Maximum 12

(Includes all Equipment)

Duration: 3 Days (24 Hours)

NB: For courses outside the Sydney Metropolitan area additional accommodation and expense fees may apply.

Sports First Aid

This course aims to provide participants with the knowledge and skills necessary to implement effective injury prevention and provide immediate response to injuries in a sport setting, until the arrival of a health care professional.

Corporate Class (Onsite): \$100.00 per person

Participants: Maximum 16

(Includes all Equipment)

Duration: 1 Day (8 Hours)