



MEDIA RELEASE

10 March 2006

St John first aid classes now held locally

St John Ambulance Australia (NSW) is again holding regular first aid courses in Baulkham Hills, at the new location of the locally based Hills Division. Classes now held at the St John (NSW) Hills Division Building at Balcombe Heights Community Estate, include Senior First Aid and Senior First Aid Recertification.

Senior First Aid Courses are usually held over a weekend, with the first training course scheduled at Balcombe Heights for 8 and 9 April 2006. The courses are run in an easy to follow, hands on format and are Workcover accredited and acknowledged throughout the community and workplace environments.

St John (NSW) Hills Division Superintendent, Janette Ellks says that St John is always looking for ways to better service the community.

"People are becoming increasingly committed to learning first aid. By expanding into suburban areas St John can offer additional classes and take them to locations that are more convenient for the participants," Mrs Ellks said.

"St John research shows that 78% of the population do not have a current first aid certificate. This figure is startling as first aid is quick and simple to learn, and can help save a life".

"Last year St John provided first aid training to more than 77,000 people in NSW. This year, with the additional classes and locations being offered, we plan on increasing this number and ensuring that more people are able to access suitable first aid training. St John is pleased that we are returning to teaching first aid courses at the Balcombe Heights Community Estate," Mrs Ellks said.

For additional information on course times, dates or to register for a course, please contact Mrs Annette Smart on 9622 0036.

Anyone interested in becoming a first aid volunteer is always welcome to attend a Hills Division meeting held every Tuesday evening from 7:30pm till 9:00pm at Building 18B Balcombe Heights Community Estate, 92 Seven Hills Road, Baulkham Hills.

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