



MEDIA RELEASE

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KEEP TODDLERS AWAY FROM CANDLES AT CAROLS

St John first aid volunteers attending the 'Carols in the Domain' this Saturday 22 December, urge parents to keep a watchful eye on children holding naked flames.

"Last year St John volunteers treated a number of burns that could have been avoided," says Mr Sean Gavin, CEO (NSW).

St John first aid volunteers will be on duty at the Domain to provide advanced first aid care to the public, ensuring a safe and incident free evening for everyone.

The St John volunteers, in their familiar black and white uniforms, recommend the following tips to reduce potential injuries:

- Take extra care with hot wax and naked flames, especially keep an eye on children
- Keep your fluids up by drinking plenty of water
- Throughout the day don't forget to apply sunscreen every two hours and to wear a hat if you've brought one
- Plan when you will eat so you don't skip a meal to get a good spot in the crowd
- If you or any of your family or friends need help, seek out your nearest St John post and a volunteer will assist you

The two first aid posts within the Domain will be located at:

- Hospital Road opposite Sydney Hospital
- Cnr Phillip Path & Central Ave

St John volunteers will be equipped with the latest in first aid equipment, including automatic defibrillators and oxygen resuscitation equipment.

ENDS

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