



## MEDIA RELEASE

### Defibrillator saves life

The life of a Coffs Harbour man has been saved after an Automated External Defibrillator (AED) was used when he collapsed at Bonville International Golf Resort.

The incident occurred on Tuesday 11 September, and the man, a delivery driver at the Golf Resort, is now in a stable condition.

Brad Daymond, General Manager of Bonville International Golf Resort, comments:

"I was absolutely amazed by how good the defibrillator was in action. It's incredible that this machine is so simple to use and has the ability save a person's life.

"We are extremely grateful to our members who donated the defibrillator and can now assure them that it was definitely money well spent!

"We would like to encourage other local clubs to consider purchasing one of these life-saving machines."

The AED was purchased through St John (NSW) by members of the Golf Resort in 2005 and then donated to the club.

According to St John (NSW), Chief Executive Officer, Sean Gavin, defibrillation is the best chance people have of surviving a sudden cardiac arrest (SCA).

"The current survival rate from SCA outside a hospital remains low. If someone receives defibrillation within the first three minutes of having a sudden cardiac arrest, their chance of survival improves dramatically. It really does make a significant difference", said Mr Gavin.

"AEDs really are the safest and most effective way for members of the public to save the lives of family, friends and co-workers from SCA. They are a critical step in the 'chain of survival' for a sudden cardiac arrest victim.

"St John (NSW) volunteers have successfully resuscitated a number of SCA casualties using AEDs."

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