



MEDIA RELEASE

27 December 2007

Keep your children safe this summer

St John Caring For Kids courses in Castle Hill

Over 15% of all child deaths in NSW are caused by preventable accidents. These include falls, drownings, transport-related incidents and accidental poisoning¹.

Parents and carers are usually the ones who first come across an injured or sick child and should be prepared to manage the injuries, call for medical assistance and comfort the child.

First aid training gives you the ability to deal with minor day-to-day injuries and emergencies by providing both the skills and the confidence to manage emergency situations. St John (NSW) will be running 'Caring for Kids' courses in January at the Castle Hill RSL and is encouraging local parents to sign up. Please see below for details.

St John (NSW) General Manager Training, Robyn Galwey, believes that providing parents and carers with first aid training can help improve injury prevention and casualty recovery.

"St John encourages parents and carers to think about safety and how they can prevent accidents in the home. Statistics show that every year a large number of children are injured in their homes, schools and communities. Each day in Australia 5000 children require medical attention, 170 are admitted to hospitals and one dies – all as a result of unintentional injuries.²

"Common causes of injuries to young children in the home include poisoning, burns, finger jams, dog bites, falls, near drowning, cuts and bruises. It is important that when accidents occur effective and immediate first aid is at hand," said Ms Galwey.

St John (NSW) runs a number of courses that provide life-saving first aid training, including Senior First Aid and Caring For Kids courses.

Caring For Kids is a one day course which covers first aid essentials such as infant/child resuscitation, control of bleeding, management of shock, wounds, burns, bites, stings, poisoning and acute illness.

The course is approved by the Department of Community Services and costs \$85.

St John, Australia's leading first aid organisation, has provided New South Wales with quality service for more than one hundred years. Some 300,000 Australians complete a St John First Aid certificate each year. For training information and bookings visit www.stjohnnsw.com.au

Course details

Dates: Sunday 13 January, Friday 18 January, Sunday 27 January

Duration: 1 day

Time: 8:30am

Location: Castle Hill RSL

Cost: \$85

¹ Child Death Review Team Annual Report 2006, NSW Commission for Children and Young People

² Flinders University, research Centre for Injury Studies, <http://www.nisu.flinders.edu.au/navpage.php>



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