



MEDIA RELEASE

23rd March, 2007

St John Volunteers gear up for *Shoreshocked*

As *Shoreshocked* draws closer, it is not only North Shore's music fans who are looking forward to the big day. Mosman/Willoughby St John first aid volunteers have been busy planning for the event and are looking forward to being part of the action.

"We have been working with the event organisers for many years now," says Divisional Officer, Michael Cheng. "We put a lot of time and effort into planning and as a result we have never had any serious incidents at *Shoreshocked* over the years."

Mosman/Willoughby division will provide a full range of First Aid services on the 14th of April to ensure that the thousands of music lovers at St Leonards Park are well looked after. First Aid treatment will be provided at a dedicated post, using the Division's brand new ambulance. A large team of volunteers will be on duty to manage any incidents throughout the day.

"Most of our volunteers attend *Shoreshocked* year after year," says Michael "The great music and laid back atmosphere make the event a highlight on our calendar. It is always a pleasure to get out in the local community and support great initiatives run by other young people," Michael said.

As well as supplying first aid services, the St John volunteers will have plenty for 'healthy' patrons to check out on the day. The Division will have high tech equipment available for viewing and will provide information on the newest lifesaving procedures. "It is so important that everyone knows how to keep themselves and their mates safe," explains Michael. "We encourage everyone at *Shoreshocked* to pick up some information and ask lots of questions. You never know when you may be called on to save someone's life."

Music lovers at *Shoreshocked* who have interest in helping the community are encouraged to come and learn more about becoming a St John volunteer. The Mosman/Willoughby Division regularly supplies First Aid services to music events at Luna Park as well as sending teams to *Homebake* and *Big Day Out* each year. "If you are over 18, love your music and want to help others, consider joining St John Ambulance," says Michael. "We attend great concerts for free and provide an essential service while we enjoy ourselves. You can't find a better way to give back to your community!"

For more information on joining Mosman/Willoughby division, contact James Frost on 0410 220 757.

ENDS