



MEDIA RELEASE

Join Bega St John Division and Learn the Skills to Save a Life

Do you wish you had the skills to save a life?

St John is continuing to provide complete first aid solutions across Bega through the work of their volunteers, selling of quality first aid kits, and the training of local people to learn the skills to save lives.

There are 30 St John volunteers in Bega, including 10 new members this year, to date providing over 1,500 hours of volunteer service in 2007.

Many of these volunteers are on duty at large events including the New Year's Eve celebrations, but for most local residents, St John volunteers are best known for their presence at local sporting, school and community events. Local Bega volunteers provide medical assistance at events including the Sapphire Coast Speedway, fireworks nights and local Bega soccer matches.

Don Walker, Duties Officer and Member in Charge, St John (NSW) Bega Division, comments:

"After a decline in membership last year, the St John Bega Division has worked hard to build a successful team and we have not turned down a single duty since February.

"We have trained most of our members in Senior First Aid, Advanced First Aid, Analgesic Gas, Automated External Defibrillation and Advanced Resuscitation.

"We are proud to be able to offer such a valuable service to local residents and encourage anyone who is interested to get involved with St John.

"Many young volunteers have found St John to be a valuable stepping-stone for careers as an ambulance officer, nurse or in medicine."

The Bega Division meets every Monday night at the Education Centre, Bega Hospital.

St John is always looking for new volunteers to join their Divisions. First Aid volunteers learn and practice First Aid, family care and other subjects to enhance their life saving skills. Members can attend training courses to learn advanced First Aid and life saving skills, communications, leadership training and participate in special event training such as major incident management courses.



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Next month (October), St John is kicking off a new campaign called 'Save a Life', which aims to raise awareness of first aid and increase life saving first aid skills within the community. The theme Save a Life is about being able to save lives as a St John volunteer or learning first aid to have the skills to save a life.

To get involved in the campaign or become a St John volunteer please visit www.stjohnnsw.com.au or call 1300 360 455.

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