

MEDIA RELEASE

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Learn First Aid for World Health Day

Monday 7 April 2008 marks World Health Day and St John Ambulance Australia (NSW) is encouraging members of the community to contribute to world health by learning first aid.

World Health Day is an opportunity to draw worldwide attention to global health each year. In Australia, learning first aid is one way that we can contribute to creating safer and healthier communities.

Robyn Galwey, St John (NSW) General Manager of Training, comments:

“Learning life-saving skills such as those in the Senior First Aid course are the most valuable and important skills you could learn. You never know the life you save may be a loved one or even your own.

“More children die due to an injury than die of cancer, asthma and infectious diseases combined. It’s important for parents and people who spend time with children to be aware of what to do in the case of an incident.”

Ms Galwey says it is also extremely important to have the right equipment on hand to administer first aid in an emergency and all households should have a stocked first aid kit.

To learn first aid or find out more about St John first aid kits please visit www.stjohnnsw.com.au or call 1300 360 455.

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