



26 February 2010

Volunteers Walk&Talk to fundraise for St John

PHOTO OPPORTUNITY

Location	Room 13, St Marys South Public School, 96 Monfarville Street (After Pedestrian crossing, drive in driveway and 1st building on the right)
Date	Friday 5 th March
Time	7pm

On Sunday March 14, 2010, an explosion of enthusiasm will take over Parramatta Park for the first ever St John (NSW) Walk&Talk, an event dedicated to celebrating the work St John does in the community.

The inaugural Walk&Talk is an opportunity to share the belief in St John and the difference we make in the lives of others.

Superintendent Matthew Griffiths from St Mary's Cadet Division has registered to participate in the fun run – in fancy dress.

Matthew believes it is important to take part.

"I set a personal target of \$1000 to motivate myself to approach people outside of the St John organisation. It is easy to ask friends and family but we wanted to spread the message of the important work St John does to the community who may not be aware of what we do. I've had a fantastic response so far" he said.

"To make it a bit more interesting, I'm going to do the course in fancy dress. Over the next few weeks, if you see us out and about, come and sponsor us. Or you can donate online at stjohnwalkandtalk.com.au." Matthew encourages.

The event will see around 400 people walking a circuit of 3km (or 6km for those looking for a challenge) followed by an afternoon picnic with BBQ and entertainment. St John (NSW) aims to raise money towards a fully equipped Communication Bus estimated to cost around \$180,000, which will be used by our First Aid Services volunteers during major events like the City2Surf or New Years Eve, as well as community emergencies such as bushfires and floods.

Thank your local volunteers by visiting www.stjohnwalkandtalk.com.au to support St John (NSW) and contribute towards the Communication Bus.

ENDS

Notes to editor:

People can donate to the Walk&Talk by visiting www.stjohnwalkandtalk.com.au

For further information please contact:

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