



MEDIA RELEASE

Finding first aid is no egg hunt at the Easter Show

26 March 2010. Finding a first aid post or a St John volunteer at the Easter Show will be easier than finding the Easter eggs. Over 300 St John (NSW) first aid volunteers will be on hand at Sydney Showground during the 2-week Royal Easter Show starting next Thursday.

“We are providing an extensive service at the Royal Easter Show including an on-site medical centre with registered doctors and nurses, six first aid posts, first response vehicles and our St John Bicycle Emergency Response Teams (BERTs)”, said St John (NSW) Commissioner Warren Glenny.

The posts are located at:

- **Undercroft** – located next the Medical Centre on New England Avenue
- **Howie** – located in the Howie Pavillion
- **Carnival** – located on the south side of the Showbag Hall
- **Boulevard** – located on Olympic Boulevard near Grand Parade
- **Dome** – located in the First Aid room in the Dome foyer
- **Ring** – located in New England Avenue & Hawkesbury Street

While the most common injuries treated are headaches, blisters, minor lacerations and abrasions, more serious injuries can occur.

St John recommends people follow the tips below in order to have a safe day.

- Wear a broad brim hat
- Apply sunscreen throughout the day
- Drink plenty of water throughout the day
- Wear comfortable worn in shoes
- Sit in shady or indoor areas
- Take note of the location of all the St John First Aid posts

ENDS

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