

ALLERGIC REACTION (ANAPHYLAXIS)

1. Follow DRABCD.
2. If the casualty is carrying an EpiPen® for the allergy, it should be used at once:
 - where State and Territory legislation permits, administer the EpiPen® according to the recommended Anaphylaxis Action Plan (see website: www.allergy.org.au).
3. 📞 Call 000 for an ambulance.
4. Keep casualty in lying or sitting position.
5. Observe and record pulse and breathing.
6. If conscious:
 - help casualty to sit in position that assists breathing.If unconscious:
 - check for signs of life and prepare to give CPR if necessary.

Some people are aware of their hypersensitivity, so check (e.g. in a handbag) for a syringe of adrenaline (EpiPen®).



NOTE

Anaphylaxis occurs after exposure to an allergen (such as food, insect sting or medicine) to which a person is extremely sensitive.

WARNING

AN ALLERGIC REACTION MAY BE POTENTIALLY LIFE-THREATENING

SIGNS & SYMPTOMS

- swelling and redness of the skin
- itchy, raised rash (like hives)
- swelling of the throat
- wheezing and/or coughing
- rapid, irregular pulse
- tightness in the chest
- headache
- vomiting and diarrhoea
- dizziness or unconsciousness.