

DIABETIC EMERGENCY

If casualty is unconscious:

- follow DRABCD
- 📞 **call 000 for an ambulance.**

If casualty is conscious, and signs suggest low blood sugar:

- Give sweet food or drink (not diet, diabetic or sugar free drinks) every 15 minutes until casualty recovers or medical aid arrives
- 📞 **call 000 for an ambulance.**

If casualty is conscious, and signs suggest high blood sugar:

- Allow casualty to self administer insulin—do not administer but assist if required
- 📞 **call 000 for an ambulance**
- Give casualty sugar-free fluids to drink, if help delayed.



NOTE: if you are not sure which form of diabetic emergency the casualty has, give a sweet drink. If casualty has a high blood sugar emergency, then giving a sweet drink will not do undue harm.

SIGNS & SYMPTOMS – low blood sugar

- pale
- hungry
- sweating
- weak
- confused
- aggressive

SIGNS & SYMPTOMS – high blood sugar

- thirsty
- needs to urinate
- hot dry skin
- smell of acetone on breath