

## EPILEPTIC SEIZURE

**1. Check for signs of life:**

- Follow DRABCD.

**2. Protect the casualty:**

- protect from injury
- do not restrict movement
- do not place anything in mouth.

**3. Manage injuries:**

- place on side as soon as possible
- manage injuries resulting from seizure
- do not disturb if casualty falls asleep
- continue to check for signs of life.

**4. Seek medical aid if:**

- the seizure continues for more than 5 minutes
- another seizure quickly follows
- the person has been injured.

**Call an ambulance if:**

- the seizure continues for more than 5 minutes
- another seizure quickly follows
- the person has been injured
- the person has a history of diabetes.

### SIGNS & SYMPTOMS

**Casualty may:**

- suddenly cry out
- fall to ground
- have a congested and blue face and neck
- have jerky, spasmodic muscular movements
- froth at the mouth
- bite the tongue
- lose control of bladder and bowel.

