

## EYE INJURY

### 1. Support casualty's head:

- support casualty's head to keep it as still as possible
- ask casualty to try not to move eyes.

### 2. Flush eye with cool, flowing water:

- if chemical or heat burn, or smoke in eyes, flush with water for at least 20 minutes.

### 3. Place dressing over eye:

- place a sterile pad or dressing over injured eye
- ask casualty to hold this in place
- bandage dressing in place, covering injured eye
- if penetrating eye injury, lie casualty on back, place pad around object and bandage in place.

### 4. 📞 Call 000 for an ambulance.



### WARNING

- Do not** touch the eye or any contact lens.
- Do not** allow casualty to rub eye.
- Do not** try to remove any object which is penetrating the eye.
- Do not** apply pressure when bandaging the eye.

### NOTE

A penetrating eye injury is usually caused by a sharp object which has gone in, or is protruding from the eye.



***Sterile Eye Pads are available in the Medium Leisure Kit.***  
Call St John on 1300 360 455 and ask for further information about  
the full range of first aid kits.