

SEVERE BLEEDING

1. Apply pressure to the wound:

- remove or cut casualty's clothing to expose wound
- apply direct pressure over wound—instruct casualty to do this if possible
- if casualty is unable to apply pressure, apply pressure using a pad or your hands (use gloves if available)
- squeeze the wound edges together if possible.

2. Raise and support injured part:

- lie casualty down
- raise injured part above level of heart
- handle gently if you suspect a fracture.

3. Bandage wound:

- apply a pad over the wound if not already in place
- secure with bandage—ensure pad remains over wound
- if bleeding is still not controlled, leave initial pad in place and apply a second pad—secure with bandage
- if bleeding continues, replace second pad and bandage.

4. Check circulation below wound.

5. If severe bleeding persists, give nothing by mouth.

 **Call 000 for an ambulance.**

6. Treat for shock.



WARNING

Do not apply a tourniquet.

If embedded object in wound, apply pressure either side of wound and place pad around it before bandaging.

Wear gloves, if possible, to prevent infection.

If casualty becomes unconscious, follow DRABCD.

The **Medium Leisure Kit** contains bandages suitable for controlling bleeding.
Call St John on 1300 360 455 and ask for further information about the full range of first aid kits.