

SPINAL INJURY

1. **Swift immobilisation is highest priority:**
 - do not move casualty unless in danger.
2. **Check for signs of life:**
 - if casualty is unconscious, follow DRABCD.
3. **Support casualty's head and neck at all times:**



- place hands on side of head until other support arranged



- apply a cervical or improvised collar to minimise neck movement.

4. **Give reassurance:**
 - calm casualty.
5. 📞 **Call 000 for an ambulance.**

SIGNS & SYMPTOMS

- pain at or below site of injury,
- loss of sensation, or abnormal sensation such as tingling, in hands or feet,
- loss of movement or impaired movement below site of injury.

WARNING

If casualty is unconscious, place in recovery position.

If casualty is conscious, do not move, but support head.