



*Surprising things*  
to know about  
St John in NSW



Some people know St John from the first aid training they have done; others from events they have attended where they have seen volunteers on duty. Still, there is more to St John.

*St John is full of surprises.*



**St John is a self-funded  
not-for-profit organisation.**

**The practice of first aid by**

*our 3,400  
volunteers*

**makes our courses and kits  
the most tested in the market**

**In turn, the proceeds from  
these purchases fund our**

*community  
services*



**These include the provision of:**

- \* **first aid at major and local community events and sporting activities**
- \* **early literacy programs**
- \* **immunisation programs**
- \* **ophthalmic care**

## That was then

In the 19th century, a group of citizens established St John Ambulance in England. Their inspiration came from the example of the knights of St John, who in the spirit of the Good Samaritan in medieval times offered care and shelter for pilgrims and crusaders in Jerusalem.

St John Ambulance put its humanitarian ideals into practice in the new industrial society, promoting the cause of first aid for the sick and wounded through volunteer efforts.

The movement spread to Australia in 1883.

## This is now

**Today, St John Ambulance Australia (NSW) is a vibrant and diverse organisation. St John continues to serve the community, quietly and effectively.**

# SERVING THE COMMUNITY

*Our volunteers are diverse*

and come from a host of backgrounds.

From tradespeople to professional medical officers; from teenagers to retirees; and we cover a wide area of NSW, within the metropolitan and regional areas.



In NSW alone, each year St John typically:

- supports and trains around 3,400 first aid services volunteers
- treats more than 30,000 first aid casualties
- provides over 480,000 hours of voluntary first aid
- spends in excess of 100,000 hours refreshing volunteer first aid and advanced life support skills
- contributes another 300 highly competent trainers who volunteer almost 10,000 hours of their time providing vital first aid training to the general public.
- supports about 500 volunteers who are actively involved in early literacy and immunisation community programs, providing over 10,000 volunteer hours

## First Aid Services

### We are at the big events...

St John is often best known for the volunteers who are on duty at large community events including the Big Day Out, New Year's Eve celebrations, the Royal Easter Show and the City to Surf. They are seen in their 'black and white' uniforms at first aid posts or patrolling the area.

### And the small ones...

St John is also there at local sporting, school and community events. These volunteers give up their time, providing a quiet reassurance to all those they care for.

## Program to Aid Literacy (PALs)

This volunteer program is designed to assist primary school students experiencing problems with reading and writing. Volunteers complete an Early Literacy Course enabling them to confidently work with children who need assistance to improve their literacy skills.

## Immunisation

St John provides assistance to the NSW Department of Health Immunisation Teams, who visit secondary schools to immunise students against a range of vaccine preventable diseases. Our volunteers help with the administrative requirements as well as providing emotional support to the children.

## Ophthalmic

St John supports the work of the St John Eye Hospital in Jerusalem and has developed local ophthalmic projects in Dubbo and Moree.

Our latest venture, is the establishment of the Pius X St John Eye Clinic in Moree, which opened in October 2006.

The Clinic addresses the high incidence of eye disease in the rural and remote communities of north-west NSW, for both indigenous and non-indigenous people.

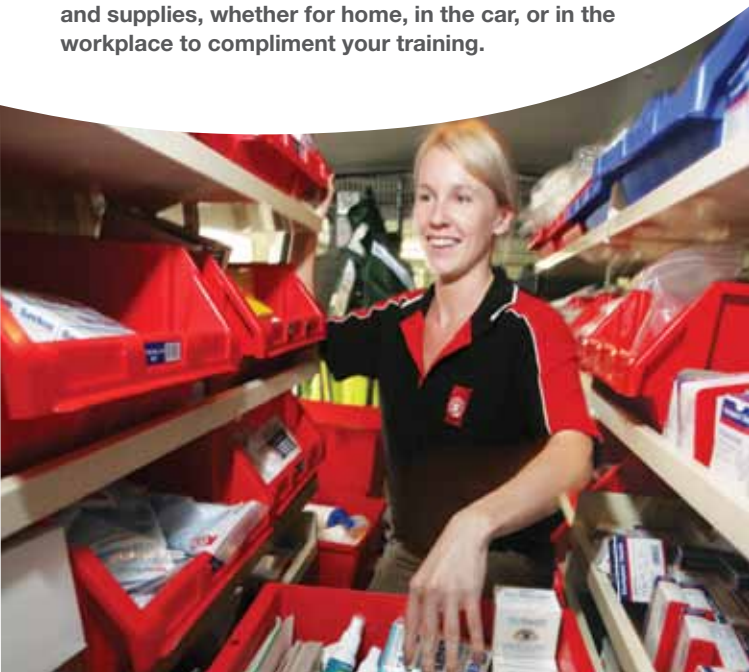
## Leaders in first aid training & kits

Knowing what to do in the critical minutes before professional help arrives may save a life. Every individual trained in first aid directly contributes to safer families, workplaces and communities.

Whether at home, work or play, our flagship Senior First Aid course provides the essentials that most people will need.

In addition to the Senior First Aid course, St John offers one of the broadest ranges of first aid and occupational health & safety courses, each designed to suit specific needs.

**St John is also the leading provider of first aid kits and supplies, whether for home, in the car, or in the workplace to compliment your training.**





## *Donating to St John*

Fundraising gives us the resources to do even more.

There are times when the community need for our services is greater than the resources we have to deliver them.

For example, donations have contributed to placing Automatic External Defibrillators (AEDs) in the community and equipment to support our ophthalmic work.

Support St John to support your community, and in the process learn the skills that may one day save a life.

**For more information  
Call 1300 360 455  
[www.stjohnnsw.com.au](http://www.stjohnnsw.com.au)**