



ST JOHN (NSW)  
NEWCASTLE & HUNTER REGION COURSE

# TIMETABLE 2010

*January - December*



**St John**

# SENIOR FIRST AID

## Newcastle

Mon 04 Jan	Tue 05 Jan	Sat 15 May	Sun 16 May
Thu 07 Jan	Fri 08 Jan	Mon 17 May	Tue 18 May
Mon 11 Jan	Tue 12 Jan	Mon 24 May	Tue 25 May
Sat 16 Jan	Sun 17 Jan	Thu 27 May	Fri 28 May
Mon 18 Jan	Tue 19 Jan	Mon 31 May	Tue 01 Jun
Thu 21 Jan	Fri 22 Jan	Mon 07 Jun	Tue 08 Jun
Thu 28 Jan	Fri 29 Jan	Thu 10 Jun	Fri 11 Jun
Mon 01 Feb	Tue 02 Feb	Tue 15 Jun	Wed 16 Jun
Thu 04 Feb	Fri 05 Feb	Mon 21 Jun	Tue 22 Jun
Mon 08 Feb	Tue 09 Feb	Thu 24 Jun	Fri 25 Jun
Mon 15 Feb	Tue 16 Feb	Sat 26 Jun	Sun 27 Jun
Thu 18 Feb	Fri 19 Feb	Mon 28 Jun	Tue 29 Jun
Sat 20 Feb	Sun 21 Feb	Thu 01 Jul	Fri 02 Jul
Mon 22 Feb	Tue 23 Feb	Mon 05 Jul	Tue 06 Jul
Mon 01 Mar	Tue 02 Mar	Mon 12 Jul	Tue 13 Jul
Thu 04 Mar	Fri 05 Mar	Thu 15 Jul	Fri 16 Jul
Mon 08 Mar	Tue 09 Mar	Sat 17 Jul	Sun 18 Jul
Sat 13 Mar	Sun 14 Mar	Mon 19 Jul	Tue 20 Jul
Mon 15 Mar	Tue 16 Mar	Thu 22 Jul	Fri 23 Jul
Thu 18 Mar	Fri 19 Mar	Mon 26 Jul	Tue 27 Jul
Mon 22 Mar	Tue 23 Mar	Mon 02 Aug	Tue 03 Aug
Thu 25 Mar	Fri 26 Mar	Thu 05 Aug	Fri 06 Aug
Mon 29 Mar	Tue 30 Mar	Mon 09 Aug	Tue 10 Aug
Tue 06 Apr	Wed 07 Apr	Sat 14 Aug	Sun 15 Aug
Thu 08 Apr	Fri 09 Apr	Mon 16 Aug	Tue 17 Aug
Sat 10 Apr	Sun 11 Apr	Thu 19 Aug	Fri 20 Aug
Mon 12 Apr	Tue 13 Apr	Mon 23 Aug	Tue 24 Aug
Thu 15 Apr	Fri 16 Apr	Mon 30 Aug	Tue 31 Aug
Mon 19 Apr	Tue 20 Apr	Thu 02 Sep	Fri 03 Sep
Tue 27 Apr	Wed 28 Apr	Mon 06 Sep	Tue 07 Sep
Thu 29 Apr	Fri 30 Apr	Mon 13 Sep	Tue 14 Sep
Mon 03 May	Tue 04 May	Thu 16 Sep	Fri 17 Sep
Mon 10 May	Tue 11 May	Sat 18 Sep	Sun 19 Sep
Thu 13 May	Fri 14 May	Mon 20 Sep	Tue 21 Sep



### Newcastle (cont'd)

Mon 27 Sep	Tue 28 Sep
Thu 30 Sep	Fri 01 Oct
Mon 05 Oct	Tue 06 Oct
Mon 11 Oct	Tue 12 Oct
Thu 14 Oct	Fri 15 Oct
Sat 16 Oct	Sun 17 Oct
Mon 18 Oct	Tue 19 Oct
Mon 25 Oct	Tue 26 Oct
Thu 28 Oct	Fri 29 Oct
Mon 01 Nov	Tue 02 Nov
Mon 08 Nov	Tue 09 Nov
Thu 11 Nov	Fri 12 Nov
Sat 13 Nov	Sun 14 Nov
Mon 15 Nov	Tue 16 Nov
Mon 22 Nov	Tue 23 Nov
Thu 25 Nov	Fri 26 Nov
Mon 29 Nov	Tue 30 Nov
Sat 04 Dec	Sun 05 Dec
Mon 06 Dec	Tue 07 Dec
Thu 09 Dec	Fri 10 Dec
Mon 13 Dec	Tue 14 Dec
Mon 20 Dec	Tue 21 Dec

### Maitland

Mon 18 Jan	Tue 19 Jan
Mon 15 Feb	Tue 16 Feb
Mon 15 Mar	Tue 16 Mar
Mon 19 Apr	Tue 20 Apr
Mon 17 May	Tue 18 May
Mon 21 Jun	Tue 22 Jun
Mon 19 Jul	Tue 20 Jul
Mon 16 Aug	Tue 17 Aug
Mon 20 Sep	Tue 21 Sep
Mon 18 Oct	Tue 19 Oct
Mon 15 Nov	Tue 16 Nov

+ RECERTIFICATION



Newcastle

Wed 06 Jan	Thu 06 May
Sat 09 Jan	Wed 12 May
Wed 13 Jan	Sat 15 May
Thu 14 Jan	Wed 19 May
Wed 20 Jan	Thu 20 May
Wed 27 Jan	Wed 26 May
Thu 28 Jan	Wed 02 Jun
Wed 03 Feb	Thu 03 Jun
Sat 06 Feb	Fri 04 Jun
Wed 10 Feb	Wed 09 Jun
Thu 11 Feb	Wed 16 Jun
Wed 17 Feb	Thu 17 Jun
Wed 24 Feb	Sat 19 Jun
Thu 25 Feb	Wed 23 Jun
Fri 26 Feb	Wed 30 Jun
Wed 03 Mar	Wed 07 Jul
Sat 06 Mar	Thu 08 Jul
Thu 11 Mar	Sat 10 Jul
Fri 12 Mar	Wed 14 Jul
Wed 17 Mar	Wed 21 Jul
Sat 20 Mar	Wed 28 Jul
Wed 24 Mar	Thu 29 Jul
Thu 25 Mar	Wed 04 Aug
Wed 31 Mar	Sat 07 Aug
Thu 01 Apr	Wed 11 Aug
Wed 07 Apr	Thu 12 Aug
Wed 14 Apr	Wed 18 Aug
Sat 17 Apr	Wed 25 Aug
Wed 21 Apr	Thu 26 Aug
Thu 22 Apr	Wed 01 Sep
Fri 23 Apr	Thu 09 Sep
Wed 28 Apr	Fri 10 Sep
Sat 01 May	Sat 11 Sep
Wed 05 May	Wed 15 Sep

Maitland (cont'd)

Tue 29 Jun
Mon 26 Jul
Mon 23 Aug
Mon 27 Sep
Mon 25 Oct
Tue 26 Oct
Mon 22 Nov
Tue 23 Nov

Muswellbrook

Mon 01 Feb
Mon 08 Mar
Wed 07 Apr
Mon 03 May
Wed 02 Jun
Mon 05 Jul
Mon 02 Aug
Mon 06 Sep
Mon 11 Oct
Mon 01 Nov
Mon 06 Dec

Port Stephens

Tue 02 Feb
Tue 09 Mar
Tue 06 Apr
Tue 04 May
Tue 01 Jun
Tue 06 Jul
Tue 03 Aug
Tue 07 Sep
Tue 12 Oct
Tue 02 Nov
Tue 07 Dec

Maitland

Mon 11 Jan
Mon 22 Feb
Tue 23 Feb
Mon 22 Mar
Tue 23 Mar
Tue 27 Apr
Mon 24 May
Tue 25 May
Mon 28 Jun

## OCCUPATIONAL FIRST AID

🕒 4 DAYS



Newcastle	Mon 08 Feb	Thu 11 Feb
	Mon 12 Apr	Thu 15 Apr
	Mon 07 Jun	Thu 10 Jun
	Mon 13 Sep	Thu 16 Sep
	Mon 08 Nov	Thu 11 Nov

## OCCUPATIONAL FIRST AID RECERTIFICATION

🕒 2 DAYS



Newcastle	Mon 01 Mar	Tue 02 Mar
	Thu 27 May	Fri 28 May
	Mon 09 Aug	Tue 10 Aug
	Thu 30 Sep	Fri 01 Oct
	Mon 29 Nov	Tue 30 Nov

## ADVANCED FIRST AID

🕒 3 DAYS



Newcastle	Mon 08 Feb	Wed 10 Feb
	Mon 12 Apr	Wed 14 Apr
	Mon 07 Jun	Wed 09 Jun
	Mon 13 Sep	Wed 15 Sep
	Mon 08 Nov	Wed 10 Nov

## ADVANCED LIFE SUPPORT

🕒 1 DAY



### Newcastle

Fri 15 Jan	Fri 21 May	Fri 22 Oct
Fri 12 Feb	Fri 18 Jun	Fri 19 Nov
Fri 26 Feb	Fri 09 Jul	Fri 03 Dec
Fri 12 Mar	Fri 13 Aug	Fri 17 Dec
Fri 23 Apr	Fri 27 Aug	
Fri 07 May	Fri 24 Sep	

## ADVANCED RESUSCITATION

1 DAY

### Newcastle



Fri 15 Jan	Fri 21 May	Fri 22 Oct
Fri 12 Feb	Fri 18 Jun	Fri 19 Nov
Fri 26 Feb	Fri 09 Jul	Fri 03 Dec
Fri 12 Mar	Fri 13 Aug	Fri 17 Dec
Fri 23 Apr	Fri 27 Aug	
Fri 07 May	Fri 24 Sep	

## ANAPHYLAXIS

2 HOURS



Newcastle	Mon 08 Feb	Mon 09 Aug
	Mon 29 Mar	Mon 11 Oct
	Mon 31 May	Mon 29 Nov

## CARDIOPULMONARY RESUSCITATION

4 HOURS

CPR

### Newcastle

Mon 04 Jan	Thu 04 Mar	Thu 29 Apr	Mon 28 Jun
Thu 07 Jan	Mon 08 Mar	Mon 03 May	Thu 01 Jul
Mon 11 Jan	Sat 13 Mar	Mon 10 May	Mon 05 Jul
Sat 16 Jan	Mon 15 Mar	Thu 13 May	Mon 12 Jul
Mon 18 Jan	Thu 18 Mar	Sat 15 May	Thu 15 Jul
Thu 21 Jan	Mon 22 Mar	Mon 17 May	Sat 17 Jul
Thu 28 Jan	Thu 25 Mar	Mon 24 May	Mon 19 Jul
Mon 01 Feb	Mon 29 Mar	Thu 27 May	Thu 22 Jul
Thu 04 Feb	Tue 06 Apr	Mon 31 May	Mon 26 Jul
Mon 08 Feb	Thu 08 Apr	Mon 07 Jun	Mon 02 Aug
Mon 15 Feb	Sat 10 Apr	Thu 10 Jun	Thu 05 Aug
Thu 18 Feb	Mon 12 Apr	Tue 15 Jun	Mon 09 Aug
Sat 20 Feb	Thu 15 Apr	Mon 21 Jun	Sat 14 Aug
Mon 22 Feb	Mon 19 Apr	Thu 24 Jun	Mon 16 Aug
Mon 01 Mar	Tue 27 Apr	Sat 26 Jun	Thu 19 Aug

# CARDIOPULMONARY RESUSCITATION

🕒 4 HOURS

CPR

## Newcastle

## Maitland

Mon 23 Aug	Thu 16 Sep	Mon 25 Oct	Mon 18 Jan
Mon 30 Aug	Sat 18 Sep	Thu 28 Oct	Mon 15 Feb
Thu 02 Sep	Mon 20 Sep	Mon 01 Nov	Mon 15 Mar
Mon 06 Sep	Mon 27 Sep	Mon 08 Nov	Mon 19 Apr
Mon 13 Sep	Thu 30 Sep	Thu 11 Nov	Mon 17 May
Thu 16 Sep	Mon 05 Oct	Sat 13 Nov	Mon 21 Jun
Sat 18 Sep	Mon 11 Oct	Mon 15 Nov	Mon 19 Jul
Mon 20 Sep	Thu 14 Oct	Mon 22 Nov	Mon 16 Aug
Mon 27 Sep	Sat 16 Oct	Thu 25 Nov	Mon 20 Sep
Thu 30 Sep	Mon 18 Oct	Mon 29 Nov	Mon 18 Oct
Mon 05 Oct	Mon 25 Oct	Sat 04 Dec	Mon 15 Nov
Mon 23 Aug	Thu 28 Oct	Mon 06 Dec	
Mon 30 Aug	Mon 11 Oct	Thu 09 Dec	
Thu 02 Sep	Thu 14 Oct	Mon 13 Dec	
Mon 06 Sep	Sat 16 Oct	Mon 20 Dec	
Mon 13 Sep	Mon 18 Oct		

# CARING FOR KIDS

🕒 1 DAY

+ CPR

## Newcastle

Sat 20 Feb	Sat 14 Aug
Sat 17 Apr	Sat 16 Oct
Sat 19 Jun	

# LOW VOLTAGE RESCUE

🕒 4 HOURS

CPR ⚡

## Newcastle

Wed 27 Jan	Wed 19 May	Wed 29 Sep
Wed 24 Feb	Wed 30 Jun	Wed 27 Oct
Wed 31 Mar	Wed 28 Jul	Wed 24 Nov
Wed 21 Apr	Wed 25 Aug	Wed 15 Dec

## ICON REFERENCE GUIDE



**Senior First Aid:** St John's most popular course. It is nationally accredited.

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**Occupational First Aid:** For people employed as Occupational First Aiders

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**Advanced First Aid:** Provides you with advanced first aid skills.

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**Analgesic Gases:** For the administration of pain reducing agents such as inhaled gas.

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**Advanced Resuscitation:** To safely administer oxygen by face mask or mechanical resuscitator.

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**Anaphylaxis Training:** Provides you with skills to handle allergic reactions.

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**Automated External Defibrillator (AED):** The skills necessary to use an AED.

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**Caring for Kids:** First Aid specifically to help children and babies.

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**Cardiopulmonary Resuscitation (CPR).**

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**Low Voltage Rescue**

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**Training venues and course dates may change.  
Please contact your nearest office for more information.**

**Visit our website at [www.stjohnnsw.com.au](http://www.stjohnnsw.com.au)  
Call us on 1300 360 455 or Email us  
[newcastle@stjohnnsw.com.au](mailto:newcastle@stjohnnsw.com.au)**

**Newcastle Branch St John (NSW)**

**Court Street  
Adamstown NSW 2289**

**T 02 4952 8188 F 02 4956 2247**