

First Aid for **External Bleeding**

When there is an open wound and blood loss, bleeding must be stopped and the wound must be protected. The possibility of infection and shock has to be considered whether the wound is major or minor, and whether or not there is major blood loss.

Management of External Bleeding

1. Follow DRABC.
2. Lie casualty down if bleeding is severe.
3. Remove or cut clothing to expose the wound.
4. Apply direct pressure to the wound using a dressing and a pad (use gloves if available).



5. Bandage pad in place.
6. Raise and rest the injured part when possible.
7. If bleeding continues, place another pad on top and firmly bandage in place.
8. Give nothing by mouth.
9. **Call 000 for an ambulance** if bleeding is severe or persistent.