

STROKE

Management of a stroke



Signs & symptoms

- sudden decrease in level of consciousness
- weakness or paralysis, especially on one side of the body
- feeling of numbness in face, arm or leg
- difficulty speaking or understanding
- unexplained dizziness
- disturbed vision
- loss of balance
- confusion

Management

1. Follow DRSABCD.

2. Calm and reassure the patient.

▼ Conscious patient

- support head and shoulders on pillows
- loosen tight clothing
- maintain body temperature
- wipe away secretions from mouth
- ensure airway is clear and open.

▼ Unconscious patient

- place in recovery position.

3. Ensure call for an ambulance has been made (triple zero 000).

National Stroke Foundation

www.strokefoundation.com.au

If you recognise the signs of STROKE act **FAST**

- **F**acial weakness
- **A**rm weakness
- **S**peech difficulty
- **T**ime to act fast

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In an emergency, call triple zero (000) for an ambulance

For more information on St John first aid training and kits,
visit www.stjohn.org.au or freecall 1300 360 455

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This information is NOT a substitute for first aid training. St John recommends that everyone is trained in first aid.